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Date	Time	Itinerary	Highlights	BLOG
20/7/2013 (Sat)	8:30	CA118	Hong Kong to Beijing	序：瑞士塵世美 (16天深度瑞士自由行)
	11:55		Arrive Beijing	瑞士16天金錢洗費
	13:30	CA861	Beijing to Geneva	瑞士自遊行16日全接觸 - 機票篇
	18:25	Arrive Geneva		Day 1 - 初抵日內瓦, Geneva Youth Hostel
	19:00-19:30	Arrive Hostel		<a href="http://www.youthhostel.ch/en/hostels/geneva">http://www.youthhostel.ch/en/hostels/geneva</a>
	20:00	Dinner	Wander around Geneva	
21/7/2013 (Sun)	8:15	Geneva Train Station	-	
	8:33-9:12	Geneva to Lausanne	-	
	9:12-11:00	Lausanne City Tour	Cathedrale Notre-Dame and Chateau St Maire	Day 2.1 - 寧靜安雅古都洛桑(Lausanne)
	11:00-12:01	Lausanne to Vevey	Steam Boat trip to see the Lavaux wine terraces	<a href="http://www.cgn.ch/">http://www.cgn.ch/</a>
	12:10-15:20	Vevey and then vevey to Lausanne to take back luggages		Day 2.2 - 日內瓦湖遊船, 沃韋(Vevey)的 朝聖山(Mount Pelerin), 前往策馬特 (Zermatt), Zermatt Youth Hostel
	15:20-18:13 or 16:20-19:13	Vevey to Zermatt		
	19:30	Arrive Hostel		<a href="http://www.youthhostel.ch/en/hostels/zermatt">http://www.youthhostel.ch/en/hostels/zermatt</a>
22/7/2013 (Mon)	7:00	Have the earliest breakfast	Ready for the 4000 m high Matterhorn	
	Whole Morning	Matterhorn Glacier Paradise	Glacier Palace	Day 3.1 - 馬特洪峰觀景台(Matterhorn Glacier Paradise)【瑞士自由行強烈推薦】
	Afternoon	Zermatt City Tour	Bahnhofstrasse to buy Souvenir Matterhorn Museum (Swiss Card free) Matterhorn view point (see sunset)	Day 3.2 - 黑湖~策馬特健行, 山岳度假天 堂策馬特(Zermatt)
23/7/2013 (Tue)	7:00	Have the earliest breakfast		Day 4.1 - 康娜葛德觀景台(Gornegrat)
	Morning	Train to Gornergrat	Hiking along the Gornergrat Bahn	Day 4.2 - 羅登波登(Rotenboden)~利菲爾
	Late afternoon	Zermatt to Lauterbrunnen		
	Night	Arrive Hostel	Cook at Hostel	Day 4.3 - 入住盧達本納(Lauterbrunnen)的
24/7/2013 (Wed)	0930-1130	Walking from Valley Hostel to Trummelbach Fall via Staubbach Fall	Staubbach Fall and Trummelbach Fall Walking Trail see p.106	Day 5.1 - 盧達本納(Lauterbrunnen)的兩大 瀑布 - Staubbachfall; Trummelbachfalle
	1147-1155	Trummelbach Fall to Lauterbrunnen		
	1203-1224	Lauterbrunnen to Interlaken Ost		
	1307-1420	Interlaken Ost to Brienz Ferry Tour		<a href="http://www.bls.ch/e/schiffahrt/fahrplan.php">http://www.bls.ch/e/schiffahrt/fahrplan.php</a>
	1420-1540 or 1420-1640	Brienz City Tour	Jobin living museum, Church, Rothorn (Optional)	Day 5.2 - 布里恩茲湖(Brienzersee)游湖及 漫遊Interlaken(因特拉肯)
	1540-1653 or 1640-1753	Brienz to Interlaken Ost Ferry Tour		
	1653-1900	Interlaken City Tour	Aare River, Casino Kursaal, Touristik Museum	
	Evening	Interlaken Ost to Lauterbrunnen		
25/7/2013 (Thur)	Morning	Jungfrau joch morning trip	Lauterbrunnen to Jungfrau joch; Jungfrau joch to Kleine Scheidegg	Day 6.1 - 歐洲之巔少女峰(Jungfrau joch)
	Afternoon	Hiking	Kleine Scheidegg to Wengen	Day 6.2 - 少女峰健行, 小夏戴克(KS)到 文根(Wengen)
			Wengen to Lauterbrunnen	
	Night	Lauterbrunnen	May have dinner at the restaurant opposite to Valley Hostel - Tradional Rosti (Rosti是瑞士的特色菜之一 , 在這裡吃了全個旅程最味美最好吃的Rosti	
26/7/2013 (Fri)	0733-0754	Lauterbrunnen to Interlaken Ost		Day 8.1 - Kandelsteg的歐能辛湖 (Oeschinensee)和瑞士九寨溝Blausee(藍湖)
	0830-0941	Interlaken Ost to Kandersteg		
	0941-1257	Kandersteg	Oeschinensee	<a href="http://www.oeschinensee.ch/english/summer/scheduleprices.html">http://www.oeschinensee.ch/english/summer/scheduleprices.html</a>
	1257-1306	Kandersteg to Blausee	Blausee - 瑞士九寨溝	
	1306-1544	Blausee	Blausee - 瑞士九寨溝	
	1506-1544	Blausee to Thun		Day 8.2 - 美麗的城鎮圖恩(Thun)
	1628-1757	Thun to Interlaken Ost	Train	
	1835-1909	Interlaken Ost to Grindelwald	Sleep in Grindelwald	

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27/7/2013 (Sat)		Grindelwald to First	Cable Car	<a href="#">Day 7 - 佛斯特(First)觀景台及巴哈阿爾普湖畔(Bachalpsee)的絕美景色</a>
		First to Bussalp	Bachalpsee and Faulhorn	
		Bussalp to Grindelwald	Bus	
		Sleep in Grindelwald	Grindelwald	
28/7/2013 (Sun)	1119-1404	Grindelwald to Luzern		<a href="#">Day 9 - 琉森市內遊(Luzern) - 最瑞士的大城市</a>
	1404-Night	Luzern City Tour	Kapellbrucke, Museums, Ice Park, etc.	
29/7/2013 (Mon)	0838-1300	Pilatus Morning Trip - One hour walk at the peak	Pilatus Morning Trip	<a href="#">Day 10 - 琉森的瑞士交通博物館及瑞吉山(Rigi)</a>  <a href="http://www.rigi.ch/en/welcome.cfm">http://www.rigi.ch/en/welcome.cfm</a>
	1412-1854	Mountain Rigi Afternoon Trip	Luzern --> Ferry --> Weggis --> Cable --> Rigi Kaltbad --> Tram --> Rigi Kulm (Peak) --> walk (1 hr) --> Kaltbad --> tram --> Vitznau --> Ferry -->	
30/7/2013 (Tue)	1010-1056	Luzern to Zurich	Zurich City Tour	<a href="#">Day 11.1 - 蘇黎世一天遊：品嚐蘇黎世小牛肉Geschnetzeltes</a> <a href="#">Day 11.2 - 瑞士Winterthur民宿推薦 - Jenny's Home</a>
	Late Afternoon	Zurich to Winterthur	To Jenny's Home	
31/7/2013 (Pre - National Day)	0942-1018	Winterthur to St Gallen	St Gallen City Tour	<a href="#">Day 12.1 - 修道院之城聖加侖(St.Gallen)</a> <a href="#">Day 12.2 - 步行去德國康斯坦茨(Konstanz)及萊茵河寶石施泰因(Stein am www.urh.ch)</a> <a href="#">Day 12.3 - 閃耀萊茵瀑布的國慶煙花@沙夫豪森(Schaffhausen)</a>
	1331-1458	St Gallen to Stein am Rhein	Stein am Rhein Tour	
	1657-1815	Stein am Rhein to Schaffhausen		
	1815-2000	Schaffhausen	Schaffhausen City Tour	
	2000-2200	Rheinfall	National Day firework at 9:45PM	
	Night		Back to Jenny's Home	
1/8/2013 (National Day)	0758-0956	Winterthur to Vaduz (Liechtenstein)	Stamp Museum and Vaduz Castle	<a href="#">Day 13.1 - 郵票小國列支敦斯登(Liechtenstein)</a> <a href="#">Day 13.2 - 海迪故鄉@邁恩費爾德(Maienfeld)，小海迪之路健行</a>
	1138-1221	Vaduz to Maienfeld	Mainefield Hiking to Heidi's Wooden House	
	1721-1738	Maienfeld to Chur	Chur City tour and dinner	
	2016-2233	Chur to Winterthur		
2/8/2013 (Fri)	0925-1058	Winterthur to Bern		<a href="#">Day 14 - 瑞士首都伯恩(Bern)</a>
	1058-1634	Bern City Tour	Bern火車站 > Rosengarten 玫瑰花園 【到達Bern後先到火車站內的遊客中心取地圖，之後坐10號電車(Ostermundigen, Ruti方向)至 Rosengarten站下車，車程約8分鐘。持Swiss Pass免費 Old City Tour: Clock Tower, etc	
	1634-1815	Bern to Geneva	Geneva last night	
3/8/2013	Whole day	Geneva City Tour		<a href="#">Day 15 - 紅十字會總部, 聯合國總部, 大噴泉@日內瓦</a>
		Geneva to Geneva Airport		<a href="#">Day 16 - 瑞士16日自由行總結(含行程圖, 行程表, 住宿交通資料)</a>
	2025 - 1255 (+1)	Geneva to Beijing	Air China CA862	
4/8/2013	1530-1900	Beijing to Hong Kong	Air China CA115	